

# UNBRIDLED RETREATS

## Transformative Retreats

*for Women Seeking Positive Change*

### How it Works

You can't fool a 1,200-pound horse. As prey animals, horses are highly intuitive and masters at reading human body language. Through mirroring your behavior and emotions, horses offer honest and nonjudgmental feedback. They see you for who you are, not who you think you "should" be. Horses reflect your true feelings back to you, helping you reclaim your authentic self and changing the way you see yourself forever.

### Why it Works

Open up to a horse and the horse will open up to you. The closer you get to embodying your true self in the presense of the horse, the more affirmation you'll receive in the form of gentle nuzzles and cheek grazes. Retreat back into your head and move further from your truth and the horse will let you know with a bump, a flick of the tail, or complete disconnection. This invaluable feedback helps you explore what is holding you back, spoken or unspoken.

### Who It's For

The Unbridled Retreat® is for women who want to...

- Create a clear vision and plan for what's next in life
- Experience the intuitive power of horses
- Receive support, clarity, and affirmation to move forward
- Build confidence doing things outside the comfort zone
- Make new friends and have fun
- Have more PEACE and JOY and live in the present

### Who It's Not For

This Unbridled Retreat® is not for women who....

- Are looking for a horseback riding vacation only
- Aren't interested in personal growth and don't want to learn about themselves
- Have no desire or willingness to step outside their comfort zone
- Don't like groups or getting to know new people
- Are seeking mental illness therapy (Equine Gestalt Coaching is a life coaching model)

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## Testimonials

"I returned home from Devon's Unbridled Retreat with a buoyant heart and a sense of self-respect that I hadn't felt in years. I'd left my fear in the dust and had a ton of fun in the process!"

DEBORAH DONOHUE

"I went in as a die-hard skeptic of the entire event but was drawn to the prospect of the connection with horses. Little did I realize that the horses and other women would deeply and permanently touch my heart and help me discover a facet of my personality that I was completely unaware of before the Unbridled Retreat. All I can say is expect the unexpected, and I emerged from the retreat with a different perspective on life and a heightened commitment to living fully and authentically."

MARIANNE ZYCHAL

"Working with Devon surpassed my wildest expectations. She has a deep and natural gift of intuition that leads you through your emotions in an extremely organic way. Her synergy with the horses—and ability to partner with them rather than "use" them—is nothing short of extraordinary. During my time at the ranch I felt a part of something far bigger and more meaningful than any time I've ever spent with counselors or therapists in the past, and Devon empowered me to speak my truth in a way I never had before."

JENNIFER BECK

"I've never been a person who was drawn to groups. I've never been a person who was easy with public emotion. And I've never understood how transformational these two things could be—until I experienced the Unbridled Retreat with Devon Combs.

Smart, supportive, perceptive and one heck of a lot of fun, Devon and her extraordinary healing horses have given me the boost I needed."

MARY HICKS